

The background of the entire page is a photograph of the Statue of Liberty in New York City. The statue is shown from a low angle, standing on its pedestal. A large, bright red maple leaf is superimposed over the upper right portion of the image, partially overlapping the 'cesip' text.

cesip

# INTERNSHIP REPORT 2023

Chalmers Engineering Student  
Internship Program



# What is CESIP?

**C**ESIP, Chalmers Engineering Student Internship Program, is a non-profit student-run organization at Chalmers University of Technology, in Gothenburg, Sweden. It is, in its current form, the result of a merger of CETAC and AMCIP, which both were founded over 50 years ago.

Our mission is to bring well-educated Swedish students and high-tech North American companies together. Over the years our program has made it possible for thousands of students to gain practical experience with companies such as Google, Microsoft and NASA, just to name a few.

One of our primary goals is to foster international business cooperation. Therefore, we make sure to only bring highly motivated and technically skilled students to the participating companies. With a different perspective, fresh ideas, and burning interest we are sure to make solid and memorable contributions.

This cultural exchange is also of great benefit to both parties. Consequently, many of the companies working with CESIP has been doing so for years.



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Chalmers Engineering Student Internship Program  
Chalmers University of Technology  
Kemivägen 9, c/o CESIP  
412 58 Gothenburg

# Apply to CESIP

**A**n internship in North America does not only offer students valuable work experience, but also insight into different cultures. Excellent English communication skills are also highly sought after, and often a necessity. These are all qualities you will gain as a member of CESIP.

CESIP encourages all motivated students who are enrolled at a five-year engineering program and wish to get a little extra out of their studies, to apply as members.

## Who can apply?

Students at any of the five-year programs at Chalmers University of Technology. You must have accrued at least 120 credits and have completed your bachelor thesis before beginning your internship. This means you'll apply to CESIP during your second or third year at Chalmers.

Don't hesitate to visit our website at [www.cesip.se](http://www.cesip.se) or contact us at [contact@cesip.se](mailto:contact@cesip.se) for more information.

The duration of CESIP internships usually stretches from eight weeks to a year. The host companies vary greatly in size and area of business, and the work assignments will of course vary depending on the intern's field of study. CESIP, which has been active for more than 55 years, consists of 31 students at Chalmers University of Technology, of which 22 are members and 9 are board members. The board is responsible for the overall management of the organization in addition to the specific tasks for each position. The application period for internships starting the sum-

mer of 2025 will be either late spring or early autumn 2024.

Prior to your internship you will be active within the organization for one year, helping CESIP in both finding and funding the internships you will later apply to. This is an exciting year where you will get to know students from all over Chalmers as well as prepare yourself for your upcoming internship.

**CHALMERS ENGINEERING  
STUDENT INTERNSHIP PROGRAM**

# The president speaks

Taking on the role of chairman of CESIP this last year has been a rewarding experience. I have greatly enjoyed learning about CESIP and what we do. My previous experience with student organizations comes from being a part of the reception committee of the physics division. Compared to the playful nature of that organization, CESIP is more professional as we are trying to get international companies to accept students from us. This raised the bar in terms of responsibility, which has been a challenge I enjoyed.

CESIP is definitely not only a serious organization; at heart, we are still very much a student organization. Joining CESIP for me meant not only an internship in North America, but also an opportunity to meet new people across Chalmers. Our main goal is to get our members an internship, but on the way, we have had a Thanksgiving dinner with CESIP alumni, we went to Stockholm for a weekend of teambuilding and also did other smaller activities together.

I specifically enjoyed our Thanksgiving dinner where we got the opportunity to talk to alumni and hear stories about their internships. It was very inspiring.

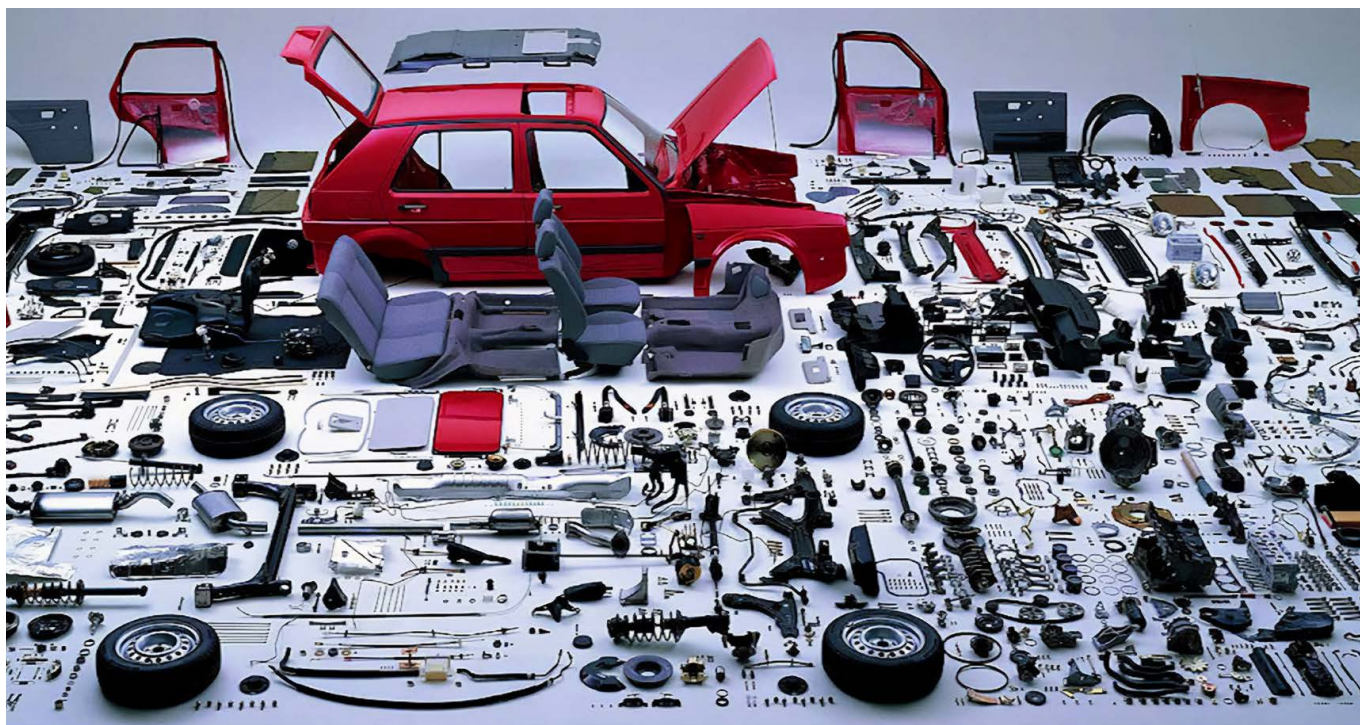
I am incredibly happy with this last year for CESIP. Evident by the fact that our members are now flying over the Atlantic to start their internships, we fulfilled our purpose. We also found an amazing new board that will allow even more students to go to North America for their internships next year. I am very thankful to all the people who made this happen. Thank you to the board for all the work that you did and to all members for your incredible initiative and drive to make CESIP even better. I wish the new board good luck and I am looking forward to seeing how CESIP will progress!

August Kälvesten  
President, CESIP 2023

Photo: Foton



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# Voices of Support

**A**t Chalmers our vision, Chalmers for a sustainable future, permeates all our activities. This requires us to be both locally and globally connected and engaged. Consequently, international networking, collaboration and exchange are key priorities in education, research and innovation.

Chalmers alumni will have their future careers in diverse and internationally connected companies and organiza-

tions. Hence, developing and supporting activities providing Chalmers' students with international outlook, as an integrated part of their education, is essential.

CESIP is a student led organization providing Chalmers' students with the possibility to gain international and industrial experience through an internship period at a company in the US or Canada.

The organization committee is depend-

ent on support from companies and other organizations to make the program a continued success. The program is an important factor in providing opportunities for international experience to Chalmers' students and I fully support the Chalmers Engineering Student Internship Program.

**MARTIN NILSSON JACOBI**  
**PRESIDENT AND CEO,**  
**CHALMERS UNIVERSITY**  
**OF TECHNOLOGY**

## About Chalmers

Chalmers University of Technology located in Gothenburg, Sweden, is a private, non-profit, university, owned by the Chalmers University Foundation. Chalmers focuses on research and education in a broad range of engineering disciplines, natural sciences, architecture, maritime and technology management and economy. Across its two campuses, Chalmers has some 11 000 students and 3000 employees and offers education, from bachelor's level to master's and doctoral degrees, in engineering, science, shipping and architecture.

Chalmers, today ranked among the top 100 engineering universities in the world, was founded in 1829 as a result of a donation from the director of the Swedish East India Company, William Chalmers. His motto always remains: Avancez!



**CHALMERS**  
UNIVERSITY OF TECHNOLOGY



Photo: Unknown



# Stories from our current interns

12 travel stories from our  
interns who are currently in  
North America.



# Adam Westberg

**O**ne engineering student, fully immersed in the California lifestyle for a year, faces the ultimate question: Will he ever return to Sweden? I would be lying if I said it's a certainty, and as you read the story below, you'll likely understand why.

San Diego, often proclaimed as 'America's Finest City,' is a jewel on the south-west coast of the USA, bordering Mexico. With its expansive golden beaches, salty surf waves coming in the whole year long and as many social activities as you could ask for, it is the quintessential California paradise. Residents live in a constant vacation mode, sporting flip flops, carrying surfboards on their e-bikes and speaking with that classic SoCal accent (think surfer dude). In this relaxed atmosphere, everyone's up for hanging out, as long as you muster the courage to ask, 'What's up?'

Being a prime vacation spot for every other American, I am lucky to call this place my home for the coming year. During my first week I met friends at this huge run club, I met friends at

volleyball practices and at the 200+ people beachfront spike ball bonanzas they do every Tuesday. What's even better is that all these social clubs include semi-mandatory after-socials at the nearby bars, meaning that you never have to figure out your evening or weekend plans in advance. Plus, it doesn't hurt that San Diego is a regular stop for major artists on their US tours and that SACC (Swedish American Chamber of Commerce) imports three

out with. Needless to say – you will keep yourself busy if you stay here for any length of time.

San Diego has this smaller, cozy, big city vibe akin to Gothenburg. It is not overwhelmingly massive as US cities can be, yet it offers everything you could ask for. Skyscrapers and rooftop bars, amazing restaurants, and streets, plazas, and neighborhoods, that are both walkable and safe. More than that, San Diego also has a bubbling industry. You don't only find me basking on the beach day and night, I'm also trying to contribute to my internship company – IOWN Renewable Energy.

## IOWN Renewable Energy Inc.

Founded: 2014  
Number of employees: 27

**Office location**  
San Diego, CA

**Website**  
[iownrenewable.com](http://iownrenewable.com)

IOWN Renewable Energy was founded nearly ten years ago by our CEO, Hans-Christian Schulze, a Swede who previously worked closely with the Swedish company Eolus Vind. IOWN primarily conducts its business on behalf of Eolus in North America, so our roots are closely connected to our Swedish heritage. So, what exactly does IOWN specialize in? Well, they're renewable energy developers. They develop large-scale renewable energy projects, including wind and solar farms, battery storage, and more, from

Interns from Sweden to their San Diego office every six months you can hang



## Adam Westberg

### Area of study

Industrial Engineering and Management

### Best Memory

Going wild at the Chats' concert in North Park.

### Worst Memory

Realizing I forgot my password when I applied for SSN.



the initial stages of site research and permit acquisition all the way to feasibility, which means producing electricity. This is a long process, and IOWN is a young player, so even though they can develop projects the whole way, most projects get sold (or bought) somewhere along the way. IOWN therefore needs engineers to advance and oversee these projects, but they also need a dedicated financial team to ensure wise investments in this rapidly growing sector - a team I am delighted to have joined.

I'm part of the small commercial transactions team, where I assist in financial modeling and analysis. We use these skills for two main things: we assess our own renewable energy projects so we can sell them at a fair price and we evaluate potential investments to make sure we're putting our money in the right places. This is a really exciting time to be at the company, especially with the increased demand for renewable energy under the Biden administration. Things are growing fast here, and in just four weeks, I'm already more senior than three of my 27 colleagues.

But my job isn't just about crunching numbers. In this young and evolving company, there's plenty of opportunity to shape how things work. We often collaborate across different departments, and I've been involved in various research projects for the engineering team, where we explore new possibilities using large energy databases.

Other than working or enjoying myself in San Diego, I've also taken the time to visit fellow CESIP-interns. As we got to know each other during the year leading up to the adventure, we set up a lot of plans to visit each other. I have already been up in Orange County, Los Angeles and explored the Midwest, offering me a glimpse of rural America around Lake Superior, Chicago, and Minneapolis. Being in California means that the stunning national parks of the US are always within reach, and I'm eagerly anticipating upcoming road trips to witness the canyons in Utah and Arizona, as well as experiencing the vibrant scenes of Las Vegas and the uniqueness of Death Valley.

I'm very fortunate to work in the sus-

tainability and energy sector, right here in sunny California. Picture this: I start my day with a morning surf session before heading to our 'by the ocean' office. There, I get to contribute value while applying what I've learned from my Industrial Engineering background. If I'm lucky, I even get to take a lunch walk with the office dogs.

If you ever think about taking the chance to test your wings, a CESIP-internship is a fantastic opportunity to do so. You will have friends from Sweden all over the country who you can visit, you will quickly form bonds with Americans who'll introduce you to their way of life, and, as if it was not enough, you have this excellent fallback plan of your masters to get back to if anything wouldn't sort itself out. When I started contemplating this, I realized that applying to CESIP was the once-in-a-lifetime chance to explore the world with a carefree sense of adventure, all while engaging in work that you can genuinely take pride in. I took the chance, and I can only urge you with all my heart to do the same!

**ADAM WESTBERG**



# Alice Westberg

**M**oving halfway across the globe can be a wild ride, but I've got to admit, it's been one heck of an adventure, and hands down, one of the best decisions I've ever made. When I ask the locals here what makes SoCal so awesome, the usual response is, "You can surf in the morning and hit the ski slopes in the afternoon!" I haven't tried that yet, but you bet it's on my to-do list. The bottom line is, there's a ton to explore here.

Just the other day, someone asked me where I'm from, and without missing a beat, I blurted out, "Orange County." I guess living here for three months has really gotten to me in all the best ways. Trying to sum up my experiences in this sunny paradise in a few words or pictures on a couple of pages is like trying to catch a wave in a teacup, but I'm going to give it a shot.

My name is Alice and after earning my Bachelor's degree in Civil Engineering I longed for a new experience. That's what brought me across the Atlantic to intern at PACE, a prominent water management company situated in Fountain Valley which is a city once

## PACE

Founded: 1987  
Number of employees: 70

**Office location**  
Fountain Valley, CA

**Website**  
[pacewater.com](http://pacewater.com)

filled with strawberry farms. PACE operates as an engineering firm specializing in advanced water resource solutions, emphasizing the development of environmentally friendly and pragmatic engineering strategies for their clients. My role is within the Storm water Management division, which primarily focuses on projects related to river restoration, flood control systems, hydraulic modelling and various other areas. Given the unique climate and high population density in California, the management of water resources has constantly remained a critical concern in the region, particularly in recent times.

## Alice Westberg

**Area of study**  
Civil Engineering

**Best Memory**  
Camping trip in the mountains!

**Worst Memory**  
Getting rear bumped on the freeway at night.

The wide array of solutions offered by PACE is reflected in the diverse nature of my daily tasks. For instance, the work I have been doing includes designing structures aimed at controlling flow of water into basins, crafting comprehensive reports, creating exhibits for clients, and delving into various modelling techniques and engineering software. I take on responsibility of gathering essential information that helps shape informed executive decisions.

I'd like to highlight the wonderful employee culture that thrives here at PACE. From the moment I walked



through the office doors, despite being 5500 miles (9000km) away from home, I've felt a sense of belonging. To Illustrate, PACE has a lively schedule that includes yoga sessions on Wednesdays and beachside bike rides every Friday. And let's not overlook the fun theme days and casual Fridays when the entire office dons flip-flops and shorts. One of the most surprising and delightful things about this journey across the Atlantic was the instant sense of belonging and the warm invitations to join in on all the incredible events and activities here. It's like being part of one big, happy family. Since my arrival, every weekend has been a whirlwind of exciting plans. Let me share a couple of standout stories from my adventures so far.

First, there were numerous hiking trips with my newfound friends. Picture breath-taking trails and stunning vistas.

Every hike was a new discovery and the big rattle snake made it all more memorable. Then came the unforgettable surfing lessons, complete with the company of wild dolphins. Riding the waves alongside these playful creatures was a surreal experience that I won't soon forget. There were climbing trips to places that required off-roading to reach. Scaling those heights and taking in the views made all the dusty, bumpy rides worth it. And let's not forget the epic trip to Las Vegas where in one day I got to see the Eiffel Tower, the Statue of Liberty, the pyramids, and even had a chance to encounter with Transformers! It felt like a whirlwind tour of the world's greatest hits, all in the same day. When I return to Sweden, I'll bring back a wealth of experience and valuable knowledge. I'll also have picked up some SoCal slang, and who knows, I might even have mastered the art of converting metric to imperial units af-

ter a year here. As I write this, the sun is shining, as it always does, and my inner Swede is urging me to make the most of this weather. So I'm all set to dive headfirst into some exciting adventures.

**ALICE WESTBERG**



# August Kälvesten

**K**ind of abruptly, I paused my studies in the middle of the semester and flew to East Lansing, Michigan, to start my internship at Fraunhofer USA Center Midwest. Arriving in early April, spring had just set in and I kind of felt like home. The trees and temperature were like Sweden, but already on my first night I was reminded that I was no longer in Sweden: by the biggest thunderstorm that I had ever experienced.

East Lansing is located in the middle of Michigan, roughly 2 hours west of Detroit. If you would ask a Michigander (person from Michigan) though, they would just pull up their hand and point to the middle of their palm. As Michigan roughly resembles a hand on the map, people use their own hand to explain where things are located. At first it felt like they were explaining things as if I was a child, but then I realized how effective it is to explain locations, so I started doing it too.

If you study at Chalmers, you might recognize the name Fraunhofer. Fraunhofer is a German research institute that has affiliate institutes all over the

## Fraunhofer USA

Founded: 1994  
Number of employees: 20

**Office location**  
East Lansing, MI

**Website**  
[www.fraunhofer.org](http://www.fraunhofer.org)

world. One is in Gothenburg, another one in East Lansing. Before I started working for them, I did not really know what they do, but as it turns out they do a little bit of everything. Their different affiliates focus on different areas. In Gothenburg they do modeling and simulation towards the industry, whereas in East Lansing, our focus is on material sciences. More specifically, we focus on diamond and coatings technology. If that sounds cool, that is because it is cool. We literally grow diamonds in vacuum chambers.

My task is to write software for machines that are used to coat tools with a thin ceramic or metallic coating. The

language I program in is LabVIEW, and the purpose of the program is to let a user control the whole machine using this software. It is a big project that comes with a lot of responsibility. For one, it is quite a sensitive process where



## August Kälvesten

**Area of study**  
Engineering Physics

**Best Memory**  
Trip to Yellowstone National Park.

**Worst Memory**  
My car breaking down, six hours away from home.

expensive things can break if they aren't handled correctly. Also, this software will be used by many engineers at the company, so what I accomplish will directly affect how well they can achieve their tasks. It has been a great challenge so far. I have encountered problems that seemed way out of my area of expertise but that I have been able to solve with the help of my colleagues. Thus, it has been very rewarding, and I strongly feel that the things I learn here will be used for the rest of my career.

Besides work, I have also had the opportunity to really make the most of my free time. Apart from the roughly 20 full-time employees at Fraunhofer CMW, we also have about 10 interns, both from Michigan and Europe. That is quite a few, but it has been nice to have a group to do stuff with. We have done everything from small evening activities to longer over-the-weekend trips. Farmers markets, festivals, camping trips and waterskiing with a coworker's family are just to name

a few. This is a part that I have really appreciated. One of my motivations for doing this internship was to learn more about and understand the US culture, and thanks to all the people I have met, I feel like I have gotten to do that.

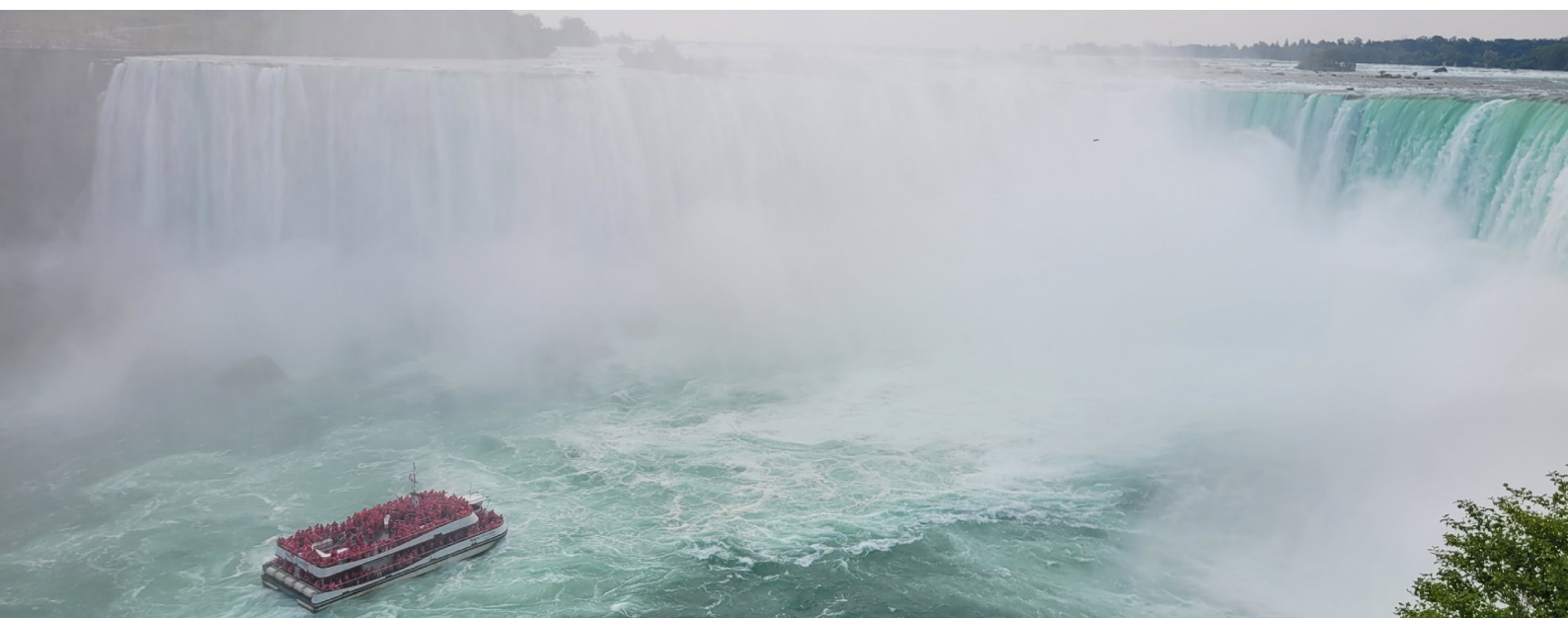
Another big trip I got to do was to Yellowstone national park. My expectations for that trip were high; it was one of the things that I had on my bucket list before coming to the US. And considering we only had two full days to explore the park I was a bit nervous about being disappointed. That was definitely not the case though, as it was just as incredible as I had hoped. The landscapes, with a mix of mountains, forests and plains, were straight from a documentary. Dotted around the park were hot springs and geysers, pumping out steam and making the ground around them yellow and orange. Finally, there were so many wild bison that at the end of the trip we were no longer impressed when they walked straight through our campsite. It was really a

highlight of my time in the US.

At the time of writing, I have roughly three months left of my nine-month internship. So, while there is still time left, I can already say that I am so glad that I decided to do this. I was very hesitant at first. I spent a lot of time weighing if it would be worth missing a semester of classes and to be away from the comfort of home. While those worries have been following me here as well, I have had such a great experience that I now know for sure that it was worth it.

Finally, I want to say a huge thanks to all the people at Fraunhofer CMW that made my time in Michigan an awesome one, both during and after work!

## AUGUST KÄLVESTEN





# Benjamin Rask, Hampus Burenius & Sandra Melander

**S**aint Augustine, located in sunny Florida, is the oldest city in the US and, in our opinion, the best place to spend a year as interns! When we got our job offers we knew right away that this was an opportunity to make lifelong memories that we had to take.

## Amerden Inc.

Founded: 1988  
Number of employees: 15

**Office location**  
Saint Augustine, FL

**Website**  
amerden.com

During the summer, prior to moving, we had the opportunity to participate in an online program called “Basic training” to get a general idea of the software we later on was going to be working with. This program was then followed by three weeks of more advanced training when arrived at site. Amerden really wants you to have a good understanding of what they are

working with before they introduce you to the company projects. Since the company has a long history of interns working here they have developed a good strategy of how the interns best can prepare themselves.

As Automation Engineers, Amerden AGVs is a perfect match. Here we get to work with all different aspects in developing and implementing Automated Guided Vehicles (AGVs). Amerden AGVs was started by a Swedish Engineer in the late 80s with the ambition of combining American and Swedish knowledge and technology. Amerden AGVs is a fairly small company where you really get to connect with all the employees. This also generates in you as an intern being encouraged to take responsibility and speak your mind whenever you have an idea or a suggestion to really contribute to the success of the company. They included us in important projects with real customers from the moment we started working here which instantly gave us hands-on experiences. Something that truly makes you feel part of the team which is one of the many benefits of working as an intern here at Amerden. Since a few years back Amerden has been using

outside software provided by a third party company to build and develop systems for both new and long term clients.

## Benjamin Rask

**Area of study**  
Automation and  
Mechatronics Engineering

**Best Memory**  
Watching Florida Gators demolish Charlotte during an NCAA game.

**Worst Memory**  
Visa troubles resulting in a missed (non-refundable) flights...

We arrived in late July and in these few months of being here we have already experienced a lot of the perks with living here. Jumping into the pool after a long day at work, evening walks along the beach and going to lots of different bars enjoying the live music they offer, just to name a few. During the weekends we have tried to see as much of Saint Augustine as possible, enjoy-



ing both the beach and the charming streets of this historic city. Apart from enjoying all that Saint Augustine has to offer we have also visited a few of the other cities closeby. One of the absolute best and most thrilling experiences we've had was driving to Gainesville to watch the American Football college game between Florida Gators and Charlotte 49ers. Seeing a relatively small city come together in the Gators blue and orange colors was super exciting and is an unforgettable experience.

Just a few weeks of living here, Hurricane Idalia surged through Florida's west coast and we had to prepare for the worst. We had to make the decision of either evacuating our home or stay and hope for the best. After a lot of conversation with our coworkers we decided to stay and hope that the hurricane would not hit Saint Augustine. The day before Idalia's expected arrival, we drove to work and helped prepare the office and workshop. Wooden planks were put up to cover all windows and glass doors and we took home all of our computers and other important electronics. At home we were prepared with sandbags to put outside our doors to prevent water from flooding into our house. Even though we were a bit worried we were actually quite excited to get the real Florida experience and sit through a hurricane! But to our disappointment Idalia veered north of Saint Augustine, leaving us with just rain and wind. In the end, this was of course a relief and we were grateful that everyone remained safe and sound.



## Sandra Melander

### Area of study

Automation and Mechatronics Engineering

### Best Memory

Watching Florida Gators demolish Charlotte during an NCAA game.

### Worst Memory

Visa troubles resulting in a missed (non-refundable) flights...

ing about the time you spend out in nature, meeting a lot of new people and enjoying a cold beer and a nice lunch after being absolutely drained by an emotional rollercoaster for the past 4 hours. Although while writing this we have a lot more time to spend here, it is safe to say that golf will definitely have a fair impact on our weekly activities and that we are excited for the future. We still have lots of things on our bucket list that we strive to experience throughout our year-long adventure here. One thing coming up now is Halloween Horror Nights at Universal Studios in Orlando and what better way to celebrate New Year's Eve than experiencing the vibrant nightlife of "The Magic City": Miami.

**SANDRA MELANDER,  
HAMPUS BURENIUS &  
BENJAMIN RASK**

## Hampus Burenus

### Area of study

Automation and Mechatronics Engineering

### Best Memory

Watching Florida Gators demolish Charlotte during an NCAA game.

### Worst Memory

Visa troubles resulting in a missed (non-refundable) flights...

For a lot of people Florida is considered a paradise due to many aspects, golfers in particular. Since Hampus as a true golfer told us about the infinite possibilities, for sure we had to try and become enthusiastic ourselves. It did not take long for us to get our hands on some cheap clubs, balls and some sweatbands to cope with the sometimes exaggerating heat you experience on a golf course. It goes without saying that the sport itself is not for everyone although the activities surrounding golf are. At this moment I am think-



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# Carl Magnus Lagerroth

**T**o go abroad for longer than 2 weeks for the first time in my life, alone and to the other side of the Atlantic, was maybe a little too easy of a decision for me to make. Four months in, the trip has exceeded any expectations I had. So far, my journey in Canada has been the perfect combination of developing new skills and going on amazing adventures!

On the plane to Canada, not having slept for almost 40 hours, I had the pleasure of sitting next to a French person who would also be starting an internship in this country. It turned out that we shared a common interest in Formula 1. One week later, we sat next to each other again, with two spontaneously booked tickets in our hands, watching my first Formula 1 race live in Montreal. With that kind of start of the journey, I knew that this was about to become the most memorable year of my life so far.

Thanks to my previous amazing Cesip intern in Ottawa, I had a relatively easy hunt for an apartment. The contract of the place I was initially supposed to live in got cancelled due to the landlord

selling the house. However, I found an even better place just weeks before I arrived by sheer timing. On my first day, I was welcomed by three Danes and one Norwegian with whom I share the house “Casa Scandinavia” with in Downtown Ottawa. They work as interns in their country’s respective

## Ericsson

Founded: 1876  
Number of employees: 100 000

**Office location**  
Ottawa, Canada

**Website**  
ericsson.com

embassy on a six-month internship. After starting our first conversation in English, we shifted to speaking “Scandinavian” quite quickly. Trying to understand Danish has been challenging, but I think I have the hang of it now. It’s also fun to mock each other’s languages.

On my first full day, I of course had to



## Carl Magnus Lagerroth

**Area of study**  
Industrial Engineering and Management

**Best Memory**  
Bungee jumped into a lake.

**Worst Memory**  
Lost my bike, retrieved it, and got it stolen again.

try Poutine, Canada’s national dish. It’s French fries and cheese curds topped with brown gravy. It might not sound that great, but it’s actually the perfect

fast food after a night out, I've noticed. Maple syrup is also something they are crazy about over here, and I understand why. Now, I'm even adding it to my morning porridge for an extra touch. I also learned that the stereotype of Canadians always saying sorry is absolutely true, and I love it!

After the Poutine, it was time to explore the city with my new Scandinavian people. Apart from the parliament, the city has a lot of museums and cultural events going on. Every Thursday afternoon, the museums are free, which is why we now have made Thursday Museum Day. So far, we have visited eight different museums. Ottawa is Canada's fourth-largest metropolitan area, with a population of 1.5 million inhabitants. Everything is in both English and French, which can be both funny and irritating at times. Quebec is on the other side of the Ottawa River, which feels like a whole different country since everything there is only in French. Because of this, various regulations and cultures separate the city into two parts. Crossing the river bridge, you are introduced to different road signs and traffic lights.

After a day of exploring the city, we hosted a party at our house with a group of other European embassy interns and exchange students. It's a fantastic group of people, and we do various activities together every week. Most of them are here for a six-month internship, so we are introduced to new interns all the time.

After a fantastic first weekend, it was time to enter the Ericsson office. I had already received a great onboarding with the previous Cesip intern in the Stockholm headquarters, where I met the team online and received my work laptop. That made it easy to get started once I arrived in Ottawa. Even though there was still a lot I didn't understand, I loved the vibe. I realised how similar the culture was to Sweden as well, an example is Fika every Thursday. One of my first tasks was to organise an office midsummer celebration, and I was also named Head of Fika. From there on,



I knew that this would be a fantastic team to work with.

On the first Tuesday, I was invited to a team member's boat and was taught the basics of sailing, a skill I never expected to learn here. We sailed the Ottawa River in the sunset as our first after-work together. Since then, we have had some fantastic team building events, including canoeing, orienteering, volleyball tournaments, game nights, and pub quizzes. On Wednesday, I had another after-work meeting with some Swedish employees at the site. We usually meet at a nice place once per month now. Two days later, still in my first week, I was invited as a +1 to a midsummer party with the Swedish ambassador at the embassy residence. On Sunday, I went to Montreal to watch the Formula 1 Grand Prix race with my new friend I had made on the plane. It was only my first week, and it had already exceeded any expectations I could have imagined getting here.

After a couple of weeks at the office, I slowly began to understand what the team and I at Ericsson are doing. We are a System Behavior Team in Cloud RAN (Radio Access Network). In simple terms, our team is validating, testing, and monitoring our cloud environments for LTE and 5G radio

networks. The work is very flexible in terms of areas to work in. You get the opportunity to explore all areas our team is working in and be involved in other smaller projects that interest you. Initially, I was assigned to help with organizing events at the office. Later, I was assigned more technical work related to our cloud environment. We work with the DevOps principle, combining development with operations. I was introduced to a sub-team where we do maintenance of our CI/CD (Continuous Integration/Continuous Development) operations pipeline to perform system testing of a particular scope of the requirements on the cloud environment, and continuously communicate the results to our stakeholders. All this with an agile approach. A big focus is the automation of our operations to streamline the pipeline. I have been introduced to many new software tools and have built new programming skills while contributing to our team. It has been a big development since I started in June. Apart from that, I have also organised company events at our site, including team building events and various fairs, and I am also acting as a point of contact for the interns. I really enjoy this combination of tasks, a great mix of technical and organisational activities.

In Ericsson, we work in a hybrid environment. That means that we are usually in the office on Tuesdays and Thursdays. Other days are optional for working from home or in the office. This is an excellent flexibility if you want to explore as much as possible. In the second week, I took Friday off to go white water rafting and hiking as part of a camping trip with my new embassy buddies. Following this, the summer consisted of multiple festivals, crazy college football games, more hiking, a fighter jet airshow, rock climbing, a cottage trip, pool parties, artsy night-clubs, and fireworks, lots and lots of fireworks! Ottawa is also an excellent geographical location close to many great North American cities. I have been fortunate to visit Montreal and Toronto, and I also visited my fellow Cesip interns in New York twice, where I worked remotely during the weekdays.

Most of these trips have been very spontaneous. In September, me and a Norwegian embassy friend booked a cheap flight to Calgary and Banff, three

days before departure. The mountains and the lakes were something I had never experienced before. We landed back in Ottawa on a Tuesday morning, and we went straight back to our respective offices. Of all the various activities, my best memory was when I tried Canada's tallest bungee jump, a 60-metre jump that included a light dive into a lake. This was probably the last thing I thought I would do when moving to Canada.

So far, the journey here has been surprisingly flawless, with no significant issues, apart from one interesting bike curse. The city is very bike-friendly. I bought my first bike after just one week. A good thing about the buses in this city is that you can attach your bike to an outside rack and bring it with you. On a day in July when I was on my way to watch Oppenheimer, I completely forgot to detach my bike from the bus. The lost and found department turned up nothing; it was lost. Luckily, I was offered to buy my housemate's bike as he had completed his internship. Sadly, even with a good bike lock, it was stolen about a month later. I was back

to walking. Eventually, I discovered that the bus driver had dropped off my first bike at a police station. I retrieved my bike on a Friday in August, thrilled with joy. Sunday, two days later, that too got stolen, lock included. I am currently on my third bike. A month has passed, and my bike is still with me. Maybe the third time's a charm! The journey in Canada has been incredible so far! I feel like I have developed a drive to pursue new, exciting activities, which I didn't know I had. When you are abroad, you want to enjoy life to its fullest. Thanks to the fantastic people I've met both at and outside of work, I feel like I really am. I have collected new stories that I will remember all my life. Moving ahead, I'm looking forward to seeing what the winter can offer in Canada. There are some excellent skiing locations here, and we have booked our first skiing trip in December. Looking forward to snow, skiing, spring, learning new skills, and more team building activities!

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# Ellen Bergmann & Oscar Julsgard

**S**A fun story to start with is how we managed to find our apartment in Newport Heights. I (Ellen) arrived in the US one month earlier than Oscar, and one mission was to find an apartment for us. Despite several visits to different viewings, I couldn't find anything that felt right. I was almost giving up hope... But one morning, while me and my parents were out for stair training, we started talking to some others who were doing the same. To make a long story short, one of them had just finished building an apartment above their garage on their property and offered to show it to us (at 8 am in the morning, no less!), and we were completely amazed when we saw it, everything was just perfect and brand new. Moreover, it had two bedrooms, two bathrooms, and a balcony in one of the finest areas in Newport Beach (quite rare to find around here)! It felt too good to be true. Later that day we got a text that said "...we are not doing this for a business, so you're more than welcome to live here.." What a blessing!

A fun fact is that we and our landlords, Warren and Helen, have become good friends and we now have a weekly

pastry exchange tradition. We leave Swedish pastries outside their door, and they do the same outside ours. A new favorite tradition. It's a really nice thing to get surprised by when you come home.



## Ellen Bergmann

**Area of study**  
Civil Engineering

**Best Memory**  
Surfing has now become our new go to AW.

**Worst Memory**  
When we broke not just one surfboard, but two on the same day.

## GoToMarketUSA

Founded: 2007  
Number of employees: 7

**Office location**  
Newport Beach, CA

**Website**  
[www.gotomarketusa.com](http://www.gotomarketusa.com)

Besides the wonderful apartment, we also love the area we live in and really enjoy it here. We have walking distance to almost everything. To the beach, beautiful parks with great views, several restaurants, coffee shops, nightlife, small boutiques and much more.

During our four weeks together here, we have also picked up a new hobby - surfing. However, so far, we have stuck to the beginner-friendly waves, but the goal is to catch the bigger ones during our year here. We've also managed to go on several hikes around Orange County, all of them have been incredibly beautiful. Our favorite so far is





## Oscar Julsgard

### Area of study

Industrial Engineering and Management

### Best Memory

Surfing has now become our new go to AW.

### Worst Memory

When we broke not just one surfboard, but two on the same day.

Crystal Cove, where you hike along the coastline next to the ocean. In addition to that, we've also checked off several beaches along the coast of Orange County. Pirate Cove is our favorite go to for swimming and sunbathing, and Doheny Beach is our favorite for surfing.

A tradition that we've started every Wednesday is to participate in the Newport Run Club, where hundreds of runners gather to run along the beach

walk in Newport Beach. After the run, we end the evening at a bar, where we eat chicken wings and drink beer.

We have also gone on short road trips to explore places like Los Angeles, San Diego, and Malibu. In Malibu, we highly recommend a visit to Point Dume, which not only offers a beautiful beach with fun waves to swim in but also a stunning hike up in the mountains along the seaside.

In our agreement with the company, a car is included, and when it was time to pick it up, the car keys were with our boss's neighbor. (since our boss had decided to stay in Sweden until the first of October for work-related reasons). This led to us having to knock on the neighbor's door, and after just a few minutes, he offered us to stay in his house for a weekend to take care of his cat while he attended a wedding. Of course, we took the opportunity to accept this offer. The house is in Laguna Beach, which is about a 15-minute drive south of where we live. We invited some of our friends from Cesip, one of whom lives in San Diego, and two in Los Angeles. It was an awesome weekend filled with good food, great company, board games, and lots of surfing. One of the highlights was that everyone in the group managed to learn how to surf over the weekend!

Another thing we did was spontaneously book tickets to an Ed Sheeran concert on the same day, and it was great. The arena was also very nice, and

it was the first time we had ever booked a concert ticket with such short notice.

We've also had the opportunity to attend two exciting events. For the first event, we drove down to La Jolla, in San Diego, for the Innovation Day Mixer where we had the chance to interact with fascinating companies such as Aptera and CAKE. A highlight was getting to sit in Aptera's upcoming Solar Vehicle set to be launched in 2024.

The second event we participated in revolved around sustainability and ESG, covering topics like Building an ESG Strategy, Data Collection and Reporting, and Driving a Sustainable Operation. It was very interesting to observe the differences in sustainability discussions between the US and Sweden. The US lags far behind, especially when compared to Europe, partly due to the lack of cooperation between states, while Europe exhibits an impressive level of collaboration in the sustainability effort. A memorable moment was when we had the opportunity to speak with the President and Business Ambassador of America UNA - US.

On September 1st, we began our internship at GoToMarketUS. GoToMarketUS is a company that assists European companies, mainly Scandinavian ones, in entering and expanding in the US market. It was founded in 2007 by Torbjorn Millang to facilitate faster, less risky, and more effective market entries into the US.

At our company, we hold the titles of Business Development and Assistant Project Manager. It's a title that's somewhat long and suitably vague, just as a job title should be. But what we do is work closely with Swedish companies interested in expanding to the American market. This involves everything from understanding what the companies offer, helping them tailor their offering to the American market, participating in meetings with potential American partners, and so on. As mentioned earlier, we have also had the opportunity to attend many exciting



events and conferences, which is a very enjoyable part of the job!

Since our boss has been in Sweden for client meetings during our first month here, we have been working remotely so far. However, soon we will also have the chance to immerse ourselves in American office culture! Our office is located at UC Irvine and is part of a larger co-working space. As a result, there are many exciting things nearby, including companies, people, and the overall university culture.

**ELLEN BERGMANN &  
OSCAR JULSGARD**



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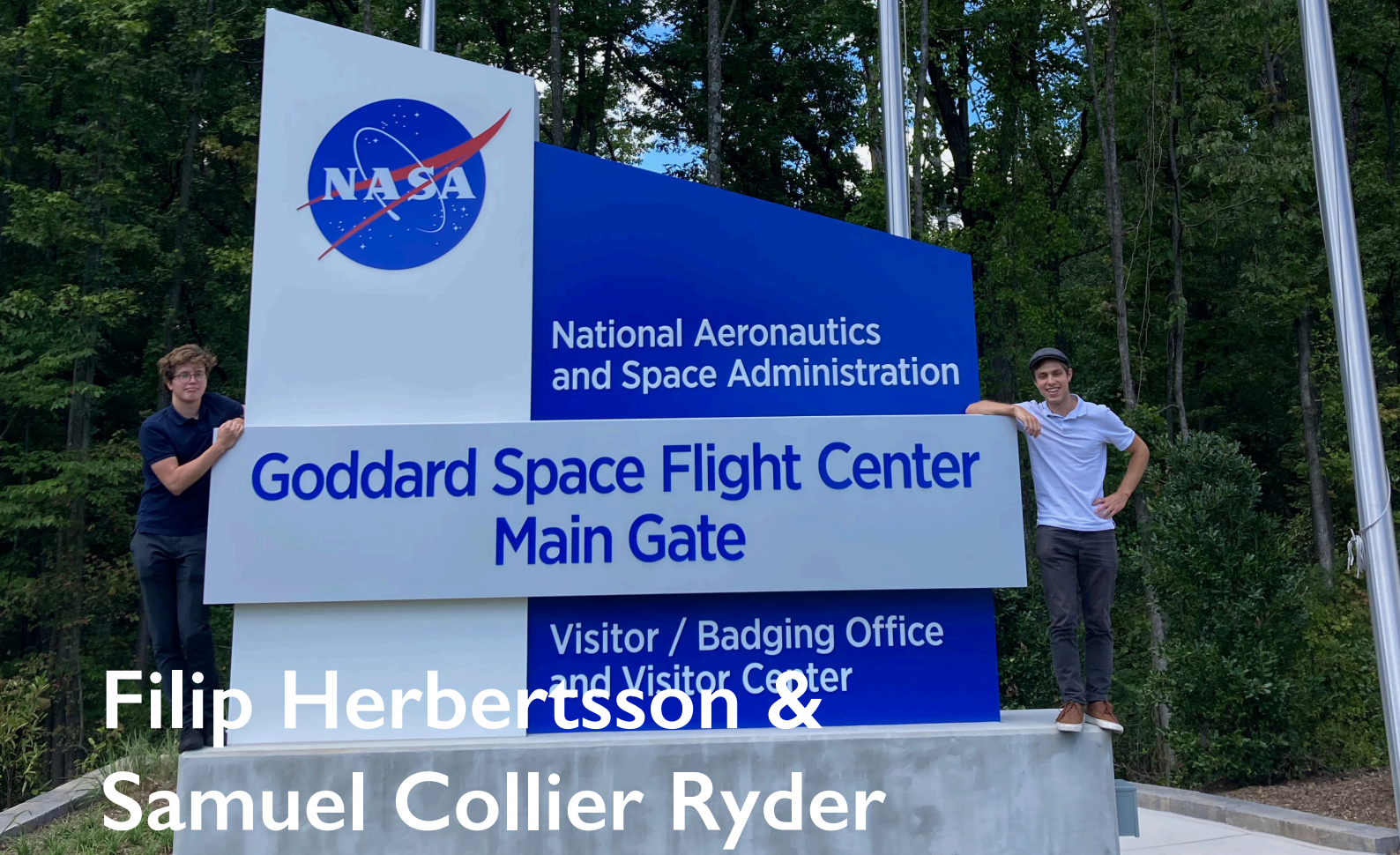


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**MELLBY GÅRD**



# Filip Herbertsson & Samuel Collier Ryder

**T**he Visa process was long and arduous, and the internship was closing in more and more. We were getting nervous as we had to leave our passports at the US embassy in Stockholm in order to get our Visas. With only two weeks to spare we finally got our Passports back. Our Visa applications were approved and we were ready to leave for the summer internship that we had been waiting for for almost a year.

John, the CEO of NVI, had set us up to live with a couple, Jaime and Daniel. They host international high school students during the school year and they also hosted the CESIP interns last year. Luckily for us, they weren't tired of Swedes yet and were willing to let us live there for the summer. We are very grateful for this, not only because that meant we could go to bed and sleep for 12 hours straight after we got off the plane, but also because one of our favorite evening activities was just hanging out with Jaime and Daniel and talking about everything from politics to dad jokes. We also got introduced to a lot of Americans through our host couple, not to mention their escape artist Whiskey (he's also a cat).

Jaime and Daniel live in a nice house in what's called "Old Greenbelt", a walkable oasis in what is otherwise a car-centric country. Biking the short distance to and from work was not bad though. However, biking on the three-lane road leading to the social security office was quite the experience. Luckily, Washington DC also has a Metro system so we could go downtown without risking our lives in the process.

## NVI Inc.

Founded: 1992  
Number of employees: 10

**Office location**  
Greenbelt, MD

**Website**  
[nviinc.com](http://nviinc.com)

Moving to the United States for a summer brought with it a lot of changes. One of the biggest surprises for both of us was the heat in Washington DC. For some reason both of us were expecting a summer quite similar to

a Swedish summer. But most days in Washington DC were both very hot and very humid. This turned out to be an issue for Samuel who had planned on running a marathon in Gothenburg after the summer, but due to the heat training proved hard. Another noticeable difference was how sociable all the people were. On multiple occasions people would come up and talk to us when they noticed that our accents weren't American, coming from Sweden this was a bit odd at first but once we got used to it we found it very nice. Another big change was the food. We had a bit of a culture shock when visiting Wendy's, a fast food restaurant located close to our office, when we realized the smallest available soda size was bigger than the largest size offered at most fast food restaurants in Sweden. We were even more shocked when we found out that free refills were almost always included. The food in the USA was great and we got to try a lot of different places during our Wednesday lunches with NVI. Our favorite restaurant was Red, Hot & Blue, a barbecue restaurant which served great ribs. Here Filip managed to finish the whole slab, an achievement few other interns have achieved.



## Samuel Collier Ryder

### Area of study

Computer Science and Engineering

### Best Memory

Road trip to Shenandoah National park.

### Worst Memory

Trying to keep my running training in the heat.

We worked at NVI, which is a small company with one focus: VLBI. Now what is VLBI? It stands for “Very Long Baseline Interferometry” and is a type of telescoping technique that uses multiple radar antennas spread out across the globe, which all point to the same source in the sky. The light from that source will be slightly shifted when it comes to the different antennas, as the antennas are different distances from the source. If we assume that the source is a fixed point we can then measure the distances between the telescopes, creating a coordinate system with millimeter precision that spans the entire globe. During the limited time we had we managed to do three things at NVI. We used the data available in their database to plot these baselines over time, to illustrate how stations move. We also made a utility that can take multiple databases and merge them into one. And lastly, we calculated new quantities from the available data. At the end of our stay, we presented all of our work to the entire team working with VLBI at the NASA Goddard Space Flight Center, which was very nerve-racking. But it all turned out fine.



For the first half of our summer we could not enter Goddard since we as foreigners were only allowed to be there for a month in total. But the first time visiting Goddard there was a lot to take in. We first had to get through security which requires special badges and being escorted around. Once through, we realized that Goddard is not just a couple of buildings, it's a large area with 30+ buildings scattered around, proper roads in between, parking lots, woods, food trucks, and even a gift shop! Working there was very nice as we got to meet and interact with a bunch of knowledgeable colleagues, we could attend the weekly meetings in person, and we could join in on the Thursday tea party.

## Filip Herbertsson

### Area of study

Engineering Mathematics

### Best Memory

Seeing the Discovery Space Shuttle and SR-71.

### Worst Memory

Biking on hot and humid days.

We had a lot of free time during our summer, luckily for us there were plenty of fun things to do in and around the city. Washington DC also has a lot of great museums, and most of these are actually free. Our favorite museum was definitely the Steven F. Udvar-Hazy Center, a museum for aviation and spacecrafts. There we got to see a real space shuttle and SR-71 blackbird. Other great museums we visited included the National Museum of Natural History, the Renwick gallery, the National Archives Museum and the National Air and Space Museum. We also went on a lot of interesting tours, such as a tour of the Capitol and the Washington monument and the Pentagon. Our colleague Dirk would frequently bring us on excursions around Washington DC, this was very appreciated as it allowed us to see things around Washington DC. We went on hikes in national parks, visited vineyards and explored neighboring cities. Dirk was a great guide and we both really appreciated these adventures. Thank you Dirk!

John was out of town for two weeks, and during that time we were allowed to stay at his house. During this time we were also allowed to borrow his car which gave us the opportunity to go

on a roadtrip to Shenandoah. Driving in America was very different from any of the driving any of us had done previously, but it worked out well! In Shenandoah we went on two different hikes which were both incredible. If you're ever in Washington DC and are looking for a day trip, we can absolutely recommend Shenandoah. We also had time for a weekend trip in New York City. Despite having less than two full days in the big apple we managed to visit most of the famous landmarks and see Hamilton on Broadway.

Overall our summer in Washington DC was amazing, both the work and the things we did during our free time was great. But above all, we are happy to have met such wonderful people!

**SAMUEL COLLIER RYDER &  
FILIP HERBERTSSON**



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# Hannah Ågren

**W**elcome to the Sunshine State! Moving from rainy Gothenburg to Miami was definitely a big change. Now, three months later, I have just started to get used to the weather, but that is not the only big difference. Miami is pretty much the opposite of Gothenburg in many ways, but even though it's nothing like what I am used to, I have loved every second I have spent here.

My internship is at Royal Caribbean Group which is the owner of six different cruise companies, and they manage a total fleet of over 60 ships that sail all over the world. I work at their headquarters, located in the heart of Miami, and the office has an incredible view of the city's skyline. With more than 100 000 employees, it is a huge company and working at such a large cooperation with people from all over the world is definitely an experience. I am a part of the Program Management Office, which can be described as our department's internal consultancy firm. Our goal is to strategically develop both our department, called Global Marine Operations, and the company as a whole and even though I have only been here

for three months, I am already leading several projects of my own.

For the main part, my job consists of data analyses and improving and re-structuring different processes at the company. I have also assisted the finance function and because of the big diversity in my projects, I have learnt a lot already. Many of my projects include working with people across the whole organisation, which has been a great way to meet a lot of people from all different departments at the company. I have gotten a big responsibility from the start which is very motivating. After just two months, I was already presenting my work for 20+ people in leading positions at the company, including Vice Presidents, which was a little bit frightening, but it is also very rewarding to see that the work I do actually has a real impact on the company.

There are a lot of other young people at the office, which has made it very easy to make friends here and we spend a lot of time together outside of the office. Our department also goes out for happy hour almost every Thursday. We like to try out different restaurants all over

Miami for lunch and many colleagues use the company's free tennis courts for weekly tennis tournaments. There are also two other Swedish guys in my department who both recently graduated from Chalmers. One of them,



## Hannah Ågren

### Area of study

Industrial Engineering and Management

### Best Memory

Exploring all the different areas in Miami.

### Worst Memory

When the AC in my apartment broke for two days.



Mateo, did the same internship as I am doing a few years ago. He liked Miami and Royal Caribbean so much that he decided to move back to Miami after graduation and he is currently a full-time employee here. So, if one year in Miami isn't enough, there is definitely a possibility to come back to the company in the future.

## Royal Caribbean Group

Founded: 1997

Number of employees: 100 000

### Office location

Miami, FL

### Website

[www.royalcaribbeangroup.com](http://www.royalcaribbeangroup.com)

There are also a lot of perks of working at a cruise company, and free cruises are definitely a big one. So far, I've only been on the ships for day visits and lunches, which is also an experience, but I do have a couple of cruises planned for the upcoming months. Before a new ship is released to the public, the company takes all its employees for a free cruise to try out the new ship, and with three new ships launching

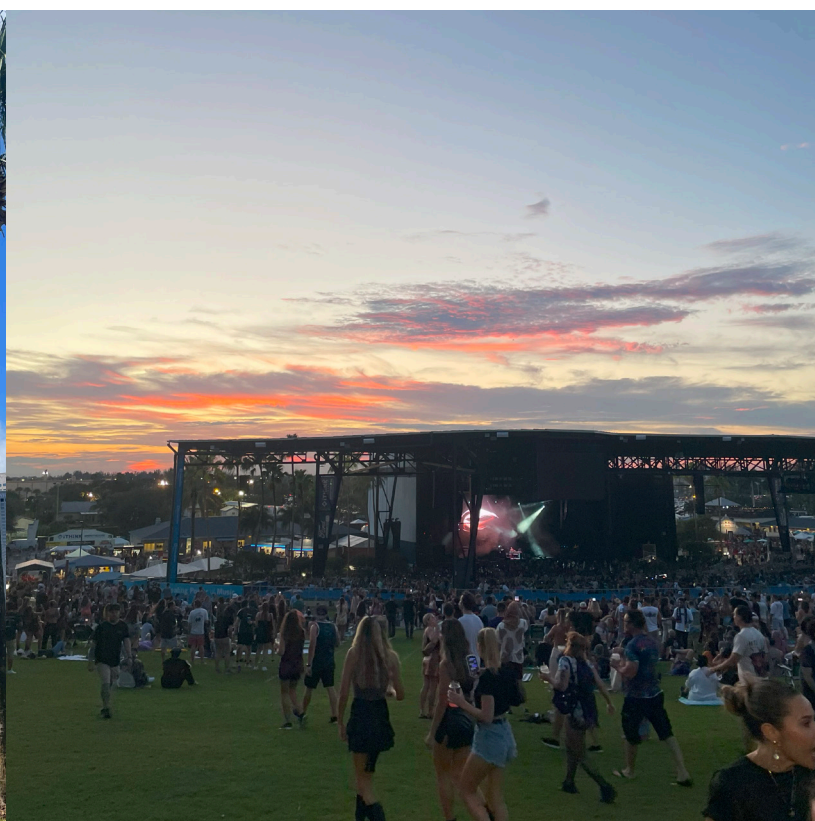


during my stay here, there is a lot of fun to come.

So outside of work, what is it like to live in Miami? There is always a lot to see and do here. The city consists of many different areas which are all very different from each other and there is certainly something for everyone here. Depending on your mood for the day you can either visit Miami Beach for a nice beachy and vacation vibe, Little Havana for some great Latin food and salsa, Design District for luxurious shopping or Wynwood for urban bars and street art. I live in an area named Brickell, also called the Financial District, which is the most central part of Miami and my

absolute favourite area. Here, you find all the trendiest restaurants, the coolest bars, and amazing rooftops. Apart from that, Brickell is very safe, clean, and walkable so there is no need for a car if you live in this neighbourhood. When it's too hot to walk, the free sky train takes you around the whole central part of Miami, which is how I get to the office every day.

I live in the middle of the city centre together with my amazing roommate. Our apartment is right next to the ocean, and we always go for daily morning or night walks along the water, where the view of the city is unbeatable. It still feels unreal to have this



view right outside your front door and we can often see dolphins in the water during our walks. One of the reasons why Brickell is so safe is because every building here looks like a hotel with security guards, door men, fancy lobbies etcetera. This also means that every apartment building has facilities such as private gyms and swimming pools, which is very much needed considering it is 30 degrees outside every day during the summer.

When I am not hanging out by the pool or strolling around in Brickell, I spend my time trying to explore as much of Miami and South Florida as possible. There are always a lot of events going on in Miami, from concerts and music festivals like Ultra to food festivals and

cute markets. Miami is known for its food culture with restaurants from all over the world, and I can definitely say that I have had some of the best food in my life here, including incredible tacos, the most delicious (and most expensive) sushi and amazing Thai food from a small hole in the wall restaurant with a Michelin star.

Even though I have been here for three months now, which may sound like a lot, I have only seen a small part of Miami yet and I am very excited to see what the rest of my year here has to bring. Some things on my bucket list include a road trip down to Key West, exploring the Everglades, visiting the other CESIP:ers all over the US and of course, my upcoming cruises. I am also

extremely grateful that I got the opportunity to intern at Royal Caribbean Group and for everything I have learnt so far. Feel free to reach out to me if you have any questions about Royal Caribbean, CESIP or life in Miami. And for everyone questioning whether it is worth it to do an internship in North America or not, I can promise you that you will have an invaluable experience and even though a year might sound like a long time, time will fly by once you are here.

**HANNAH ÁGREN**



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# Hugo Rejneborg

I'm at my desk finishing up the last work before the weekend when Karl, the CEO, walks into my room. I can tell that there is something important he wants to say... After a couple of seconds of silence I ask him if there is anything I can do for him. He says calmly but slightly concernedly "Yeah I was just thinking... uhm... could you bring your laptop home with you this weekend?" 'Of course' I reply, "Actually Hugo... can you bring all of the stuff you need for your work home with you?" 'My entire desk?' "Yep, there is a slight risk that the office will be barricaded on Monday".

I will continue with the end of the story but first I would like to tell you a bit more about working at a small start-up in Los Angeles. Amroth is a disruptive distribution company connecting beverage alcohol suppliers with retailers and consumers using a seamless and modern approach with a focus on the consumer through a pull versus push strategy when it comes to sales. We work mainly with luxury spirits and artist collaboration spirits (yes, you get to taste all the sublime spirits and meet cool artists) – some artists we work with are KISS, Def Leppard, and Slip-

## Amroth LLC

Founded: 2014  
Number of employees: 25

**Office location**  
Los Angeles, CA

**Website**  
amroth.io

knot. We have strong respect for brands and what they want to accomplish and have the ability to help companies of all sizes unleash their full potential.

So I'm a Project Specialist at Amroth - yeah I know the first time I heard that title I didn't love it either. I mean can you even come up with something more general? "What do you do?" 'I do projects' "Alright, what kind of projects?" 'It depends, you know, but I'm a Specialist at it' Does the title have any concrete meaning? Any limitations? If you think about it can you even master something as abstract as projects? But let me tell you something, it is actually pretty awesome to be a Project Specialist and I've come to like the title. Let

me tell you why.

What do all start-ups have in common? They have a lot of processes that aren't fine-tuned yet. Some processes don't



## Hugo Rejneborg

**Area of study**  
Industrial Engineering and Management

**Best Memory**  
Catching my first wave at Laguna Beach.

**Worst Memory**  
LAX, that airport needs a revamp.

even exist. My job as a Project Specialist is to prioritize which problem to address next and find a solution to it. Doing what no one else in the small start-up team has time to do. What is great is that this role has built-in flexibility to be customized to the intern's skills and areas of interest. Because there are always more problems than what you have time to address - at least in every healthy business - you can prioritize and choose to work on cool things.

For example, I like to use programming to automate and optimize things. Why finish a task in 5 minutes when you can automate it in 5 hours? Exactly. Therefore some of the projects I've worked on are process optimization and automation related. Can we simplify this input form and maybe create a direct connection between a user filling out the form online and our database? Is there any way we can make this customer outreach automated? During the fall I also worked on re-designing Amroth's CRM system to capitalize more on possible resale orders and upsell possibilities.

Another interesting thing I've worked with is data analysis. Finding patterns in large amounts of data and making data-driven decisions in operations based on the analysis. What is a large amount of data? In Amroth's case we have a lot of sales data for major chains in the US. For example Ralphs, Whole Foods, Target, etc. It's in fact so much



data that the one million rows provided in Excel isn't enough. I've done projects around analyzing this data to come up with optimal product placements for the different products in our portfolio. Where should we place our products to get maximum sales (output) with minimum inventory cost (input)? One part of Amroth's unique value propositions is precisely having lean and cost-effective operations. The Pareto principle you know, find the best 20% stores and get 80% coverage.

I've also worked on marketing projects. The inner PowerPoint engineer in me was very pleased to find out that there was a lot of PowerPoint and Excel work to be done! Creating tight pitch decks in PowerPoint for possible new big customers and setting up neat prize calculation tools in Excel. Karl has worked 10+ years in consulting so there is

always a new Excel hotkey or PowerPoint trick to be learned from him. I've worked closely with my manager Diana on planning events and creating activations around our artist collaboration spirits. The events projects range from planning cocktail events, bottle signings and tastings. And the best thing, after you plan an event... you get to enjoy it! I am not complaining about all the rooftops, concerts and other fun activities I've got to experience in beautiful places throughout Los Angeles. I mean, come on, does enjoying luxury whisky on a rooftop in the Beverly Triangle even count as working?

At the end of the day, the best project I've worked on at Amroth is actually not a project at all. The best thing has been the team and all the interesting people I've met. Karl is so fun to work with, a real entrepreneur, always chasing the biggest possibilities and aiming beyond the sky. I've also enjoyed learning how to deal with all kinds of people and negotiation tactics from working with Diana. In the small team we also have our sales reps, for example Rockstar-Phil and Joaquin. A lot of character! All in all, a lot of amazing people and a super fun tight team. What else can you possibly wish for? The hard Visa work and stressful decisions made in Sweden paid off in the end.

Back to Monday morning the week after Karl told me to bring all my stuff home. The next Monday I arrive first at the office. You know how it is, to make



sure the coffee machine is finished brewing when the boss walks in every morning to grab his cup of coffee is an intern job. To my relief the office is not barricaded but as we are starting our day off the house manager walks in and he is not pleased to see that we haven't moved out. Even Diana couldn't make a deal with the house manager so we were forced to leave the office. The rest of the week was spent driving around looking for a new office. We looked at everything from co-working places to corner offices on the 25th floor. For a while we even considered going back and running operations from Karl's garage. It was hard to find something as

good as what we had. Karl wanted us to have our own place but he didn't want the company to go full-on corporate mode yet. We managed to pull ourselves up by the bootstrap and at the end of the week we shook hands on a good deal for a beautiful little studio at El Porto, Manhattan Beach.

In a way this story summarises my year working at Amroth. One crazy adventure after another. I've just been talking about my experience working at a small start-up in LA and not anything about moving to a new country and living in Los Angeles. But you know what, these stories aren't for me to tell you, they are

for you, yourself to write. I am grateful for all the memories and stories I will bring home. I hope you sign up for a big adventure soon and maybe try living in a different country for a while. As long as you remember that you have signed up for both highs and lows I can promise you that you won't be disappointed.

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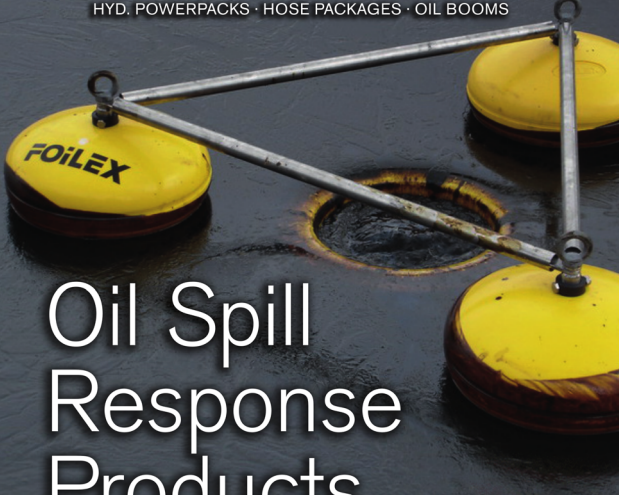
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# Kamelia Gradinarska

**L**eaving Gothenburg, I felt like I was stepping into a whole new world. As I gazed out the aeroplane window, I thought, “Goodbye, Sweden. Hello, San Francisco!” This is the story of my journey from one side of the globe to the other, where I went from saying “Hej då” to “Hello” in the blink of an eye. So, fasten your seatbelts because we’re about to embark on a thrilling adventure, where Swedish simplicity meets the American dream, and life takes a surprising turn from Älvsborgsbron to the Golden Gate Bridge!



## Kamela Gradinarska

**Area of study**  
Civil Engineering

**Best Memory**  
Eating at the best Japanese restaurant I’ve been to.

**Worst Memory**  
Taking an electric car to Lake Tahoe.

Ever since I commenced my studies at Chalmers, I harboured the desire to take a gap year before embarking on my master’s degree. Travelling and exploring the world have always ignited my

passions, but the notion of embarking on a profound soul-searching journey in Asia didn’t particularly resonate with me. That’s when I stumbled upon CESIP, and without a moment’s hesitation, I eagerly joined. It was precisely the kind of adventure I had been yearning for.

The idea of relocating to San Francisco might seem enchanting, but the reality of moving halfway across the globe by myself was undeniably scary. The day finally arrived when I had to bid a tearful farewell to my family and boyfriend before boarding the plane to San Francisco. After a 19-hour journey, I touched down at the San Francisco airport, where I was greeted not only by the city’s famed fog but also by a wave of anxiety. As an extroverted individual who finds solace in the company of others, this adventure presented a significant challenge. The prospect of being entirely on my own in a foreign city and country stirred a whirlwind of mixed emotions within me. While I was excited about the opportunities that lay ahead, I couldn’t help but be overwhelmed by fear and nervousness regarding the looming prospect of loneliness.

## Monte Stott & Associates Inc.

Founded: 1985  
Number of employees: 7

**Office location**  
San Francisco, CA

**Website**  
montestott.com



Nonetheless, driven by my eagerness to embrace this new chapter of my life, I resolved to go with the flow and make the most of my experience. Through a combination of determination and fortuitous circumstances, I soon found myself spending time with fellow Chalmers students who were partaking in a summer program at Berkeley. Additionally, I had the privilege of connecting with other Swedes and forming friendships with Americans along the way. San Francisco offers plenty of places to explore, and thus far, I've had the pleasure of visiting Santa Cruz, Monterey, Carmel, Lake Tahoe, and Point Reyes. My days have been filled with the excitement of trying new restaurants, uncovering the city's hidden gems and experimenting with various workouts. It was during this time that I truly grasped the quote, "everything will be okay and everything will work out" which has become a mantra I hold dear during my time in the United States.

When I'm not out immersing myself in this new reality, I dedicate my time to working at a small and welcoming company known as Monte Stott & Associates Inc. This firm, comprising seven employees and a delightful dog

named Polly, made me feel like a part of their tight-knit family from the very start. Monte Stott & Associates Inc specialises in seismic engineering services, with a primary focus on consulting, retrofitting, and fortifying both existing and new buildings. The office boasts a diverse team of structural engineers and architects, each contributing their unique expertise to the collaborative effort. I deeply appreciate the blend of theoretical knowledge and hands-on experience that this internship provides.

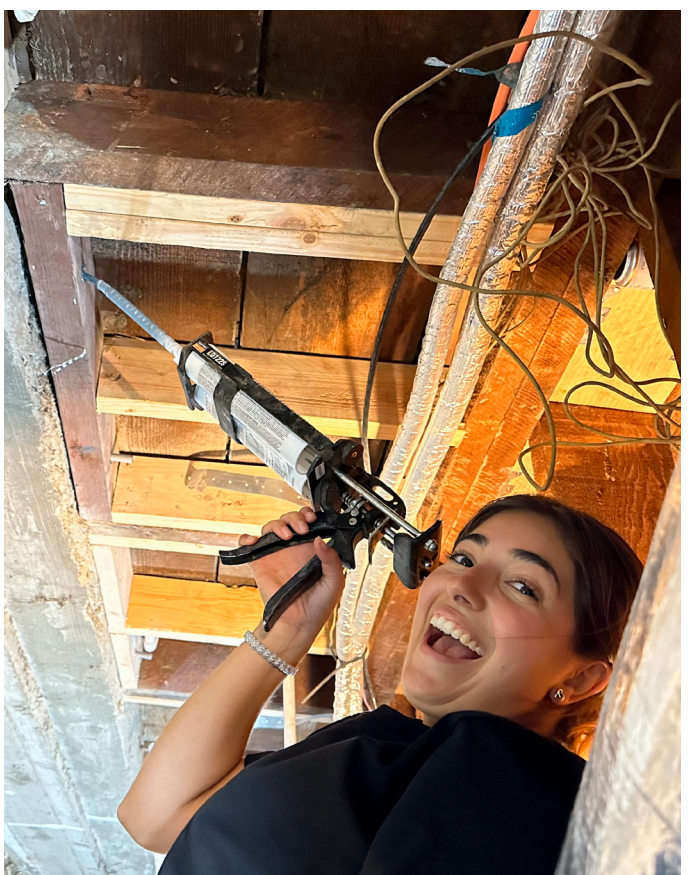
A typical workday entails a variety of tasks, including working with AutoCAD drawings, assisting my boss with administrative responsibilities such as fielding phone calls and managing emails to help maintain my boss's organisation. What truly adds excitement to this internship are the days when I'm called upon to grab my notepad, flashlight, and measuring tape to accompany Monte or Jessica on a site visit. These visits often involve inspecting reinforcing bars, offering seismic consultations, conducting property surveys, navigating through crawl spaces, and taking precise measurements. Each day brings forth a new adventure, from mastering the intricacies of handling a nailer to

estimating loads in imperial units and crafting framing details. I'm immensely grateful for the wealth of knowledge and the unique experiences I accumulate with each passing day.

I would like to extend my heartfelt gratitude to my boss Monte, who serves as an exceptional mentor, a cherished friend, and a beacon of inspiration on how to be a remarkable leader. The wisdom and guidance I receive from them are truly invaluable. I would also like to express my appreciation to Jessica for her generous sharing of knowledge and her invaluable assistance.

In conclusion, my journey from Gothenburg to San Francisco has been a rollercoaster ride filled with emotions, challenges, and exciting opportunities. It's a story of personal growth, cultural exploration, and professional development. As I continue navigating this extraordinary adventure, I eagerly anticipate what the future holds in this city where Swedish simplicity converges with the American dream, bridging the gap between two worlds and enabling me to discover my rightful place within them.

**KAMELIA GRADINARSKA**





# Simon Forsberg & William Samin

**T**wo blondes lost in New York City, what can possibly go wrong? Turns out, both nothing and everything. A life in the Big Apple is impossible to describe with a few sentences but we will do our best.

When we first arrived here on a hot summer night in June, we had no idea what we could expect from this adventure. We stepped out from JFK International Airport into a taxi and said, “Hoboken please”. The driver asked, “are you sure” and our answer was a hesitant, Swenglish, “yess”. It turned out to be a \$140 taxi ride to kick off our adventure in the US.

## SKIM Analytical Inc.

Founded: 1979  
Number of employees: 300

**Office location**  
Hoboken, NJ

**Website**  
skimgroup.com

After the initial shock of the first night, we managed to recover and become excellent tourists during the first couple of weeks. NYC is arguably the most touristy city on the planet and everywhere you go you stumble upon a new building or park that is famous for being a part of that movie you saw 10 years ago. Walking down the city streets you immediately get the answer to what happens when you take all the different cultures you can find in the world and put them next to each other in one big (!) city.

After checking out most of the larger tourist attractions on our list, we could focus more on what our life here during the upcoming year would look like. SKIM had arranged an apartment for our first month so that we could get settled without the stress of having to go apartment hunting straight away. This meant that we were able to focus on getting started at the office and getting all our “affairs in order” the first days. That was up until a week in, when we came home from our third day at work and smelled a smell of smoke in our hallway. We evacuated the building together with the other residents and had to wait for several hours while the



## Simon Forsberg

**Area of study**  
Industrial Engineering and Management

**Best Memory**  
Steve Angello at the Brooklyn Mirage.

**Worst Memory**  
Moving into an apartment that was an ongoing renovation project.

fire department handled the situation. Turned out that there was a malfunction in some maintenance work in the ceiling which made the roof catch on fire, and of course our apartment



was directly below it. An apartment impossible to live in one week into our American adventure was not really what we expected. Luckily, our Airbnb hosts were super helpful and gave us the opportunity to move into one of their “luxury apartments” without any additional cost. Thereby the fire was more of a blessing than a curse, since it gave us an apartment in what was practically a luxury hotel with a rooftop pool, gym and a coffee machine in the lobby. The coffee machine was easily the favorite thing for both of us.

Since the booking for the apartment still ran out after the first month, the fire did not change the fact that we had to start looking for a place for the rest of the year. We had prepared for a challenge when it came to finding an affordable and livable place in the NYC area, and our paranoia of getting scammed did not make it any easier. We really wanted to find something

through Airbnb to have security and an already furnished place. Apparently, that was a bit harder than we thought so we ended up renting a place from a sketchy Finnish guy who we found through a Facebook group for another month before we could get our hands on a more permanent place. That month was an adventure of its own, with a host that was everything but what you would call a normal person. But looking back at it now, sitting on the couch of our own, secure apartment and writing this report, we are thankful that it turned out the way it did and can laugh at the weird situations we found ourselves in during those weeks.

So, do we feel like true New Yorkers yet? Well, with all these events happening during our first weeks in the US, it feels like we have been here for a lot longer than the three months we have when writing this. An everyday routine

has certainly started to set in for us, but the question is if anyone who moves here actually ever feels like a true New Yorker. The city is so lively and vibrant and it feels like it has its own heart-beat so it seems like it truly could be impossible to learn everything about it. Also, we have been taught that there is apparently a tremendous difference between living in New York and New Jersey, even though the Hudson River is the only thing that separates the two. Since we live and work on the Jersey side, we can say that we feel like proud



## William Samin

**Area of study**  
Industrial Engineering and Management

**Best Memory**  
The office party where I won the longest drive competition.

**Worst Memory**  
The never-ending struggle of acquiring my Social Security Number.



Jersey boys who enjoy going to the circus that is Manhattan on the other side of the river to explore new restaurants, bars, museums, stores and theaters in our free time.

Apart from jumping between apartments and exploring every corner in the city, you might be wondering what it actually means to do an internship at SKIM. Well, the company is a market research consultancy firm specialized in consumer decision behavior. This means that we help clients answer business questions such as “We want to introduce product X to the market. How should we price it?” or “What slogan would have the most impact for our product?” by creating and analyzing surveys. We work with many interesting companies, where the largest clients are well-known consumer goods brands, tech firms and consultancy firms. The work is project based and we work in small groups, usually consisting

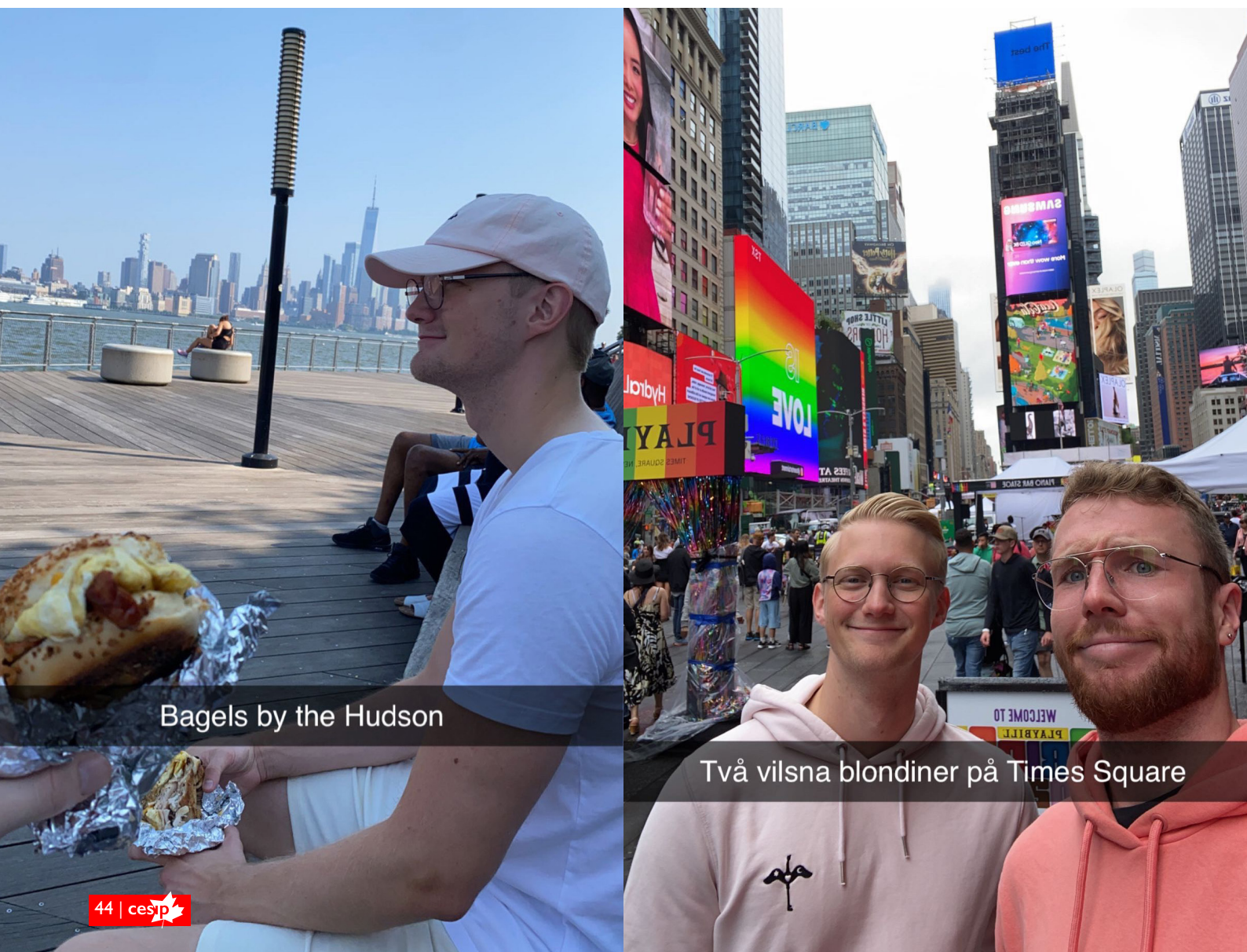
of a senior manager along with one or several analysts/interns. Common tasks in projects include creating surveys, compiling and analyzing data as well as creating a presentation for the client. In between projects it is common to help on other projects, which gives the opportunity to be involved with many different clients and studies!

It does not take long to understand how important the culture is at SKIM. From the moment we stepped foot inside the office, we were treated as equals in the office, and everyone made sure to make us feel welcomed. All SKIMmers help each other out, whether it is a question about a project or just a recommendation for a fun place to eat. Furthermore, to create an inclusive and fun workspace, we have activities and after work regularly as life at SKIM is more than just the work that we do. For example, Thursdays are generally Happy Hour day. The office

is very diverse when it comes to both background and age, which makes it even more fun and interesting to get to know the coworkers. Therefore, the office friends are the ones we spend the most time with both inside and outside of the office.

Lastly, we are very glad to be a part of the SKIM-CESIP partnership with everything that it means. SKIM has had Swinterns, as we are called, for the last 10 years and it is clear how experienced they are at welcoming new colleagues. We have had a fantastic adventure this far and look forward to everything that is to come throughout the year. Feel free to reach out to us if you have any questions regarding our internship, life in the US, CESIP or anything else (maybe tips on surviving a fire or something).

**SIMON FORSBERG &  
WILLIAM SAMIN**



Bagels by the Hudson

Två vilsna blondiner på Times Square

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# Thea Kraft

I never expected to find myself in the Midwest when I joined Cesip last year, but here I am, enjoying what the locals call “America’s hidden gem”. Minneapolis has a way of feeling both entirely different and strikingly like Sweden. Thanks to the city’s lush, Swedish-like landscapes and welcoming co-workers at ExperienceIT, it didn’t take long for me to feel right at home.

ExperienceIT is a boutique IT consulting firm located in the Twin Cities of Minnesota which refers to the metropolitan area comprising Minneapolis and Saint Paul. ExperienceIT specializes in digital transformation with a strong focus on customer experience and business architecture. A large share of their client base comes from the Healthcare industry. Just before I arrived, they were in April acquired by the worldwide operating company Globant. Globant began its journey in Buenos Aires in 2003 and has over 27 000 employees. They also focus on digital transformation and have collaborated with companies such as Google, FIFA, EA Sports, and a bunch of other

really cool companies. It has been an interesting element of my internship to experience a merger between the two companies.

As an intern at ExperienceIT, I have so far delved into generative AI, prompt engineering, Power BI reporting and along the way learned about agile product delivery. Additionally, I have supported SACC Minnesota with technical matters such as their webpage and furthered my knowledge in agile methodology with a course about the role as a product manager and product

owner. A blissful mixture of topics and I am looking forward to keeping exploring new technologies and the work as an IT consultant.

But beyond the technologies and work, the people I work with make all the difference... and bagel Wednesday. The office and my colleagues are super nice, and every Wednesday, bagels and cream cheese are served. We have had after work, played lawn bowling, had a pool party/working day, and they have introduced me to some classic American experiences like Pickleball and the Minnesota State Fair. Pickleball is like a combination of tennis and table

## Thea Kraft

### Area of study

Industrial Engineering and Management

### Best Memory

Road trip from Chicago to the UP, Michigan.

### Worst Memory

Foot injury after half a marathon.

## ExperienceIT

Founded: 2013

Number of employees: 150

### Office location

Bloomington, MN

### Website

eitmn.com



tennis with the same hype as padel in Sweden. The State Fair, which is the largest one in the US, offered an array of food and activities and was a really fun experience. While embracing the Minnesotan culture as best as I can, my colleague reminded me that I am not a true Minnesotan after missing one Viking game. Yes, NFL is probably the most widespread religion here together with Stanleys, which is a huge water bottle must-have.

Outside work I spend most of my time discovering Minneapolis and all the beautiful parks, restaurants, bars, and breweries. I have been to concerts and bar gigs where my favorite gig for sure was Prince 2.0. Bob Dylan and Prince are two of the most famous people from Minnesota and my goal is to see at least one tribute concert for each of them. In addition to the musical arena, Minneapolis is a very active city. You see running and biking people everywhere. I had to jump on the trend, so I am currently trying out every gym and training studio in town. Everything from hot yoga to boxing. I also ran a half marathon which I kind of regret after overexerting my foot.

In the winter, jogging shoes are swapped for cross-country skis, and I am really looking forward to testing the tracks here. Another thing they do in the winter is ice climbing. What I picture is the wildlings climbing the wall in Game of Thrones and I do want

to try it. We will see... And speaking of winter, it is coming, and I have heard it is rough. Minnesota's inland climate is real. A few days this summer have been too hot and humid, and I have been told it could go down to -40 Celsius in the winter. But hey, the fall here compensates for those extremes. It is for sure the best fall I have ever experienced with perfect temperature, sun, and beautiful fall colors.

I have so far not only explored Minneapolis, but also Illinois, Wisconsin, Michigan, and other parts of Minnesota. I have had coffee in Stockholm on my way down the Mississippi river, did a wine tasting at a vineyard in Wisconsin, cliff jumped into Lake Superior, listened to Blues in Chicago, been to Duluth 3 times in total, and tested different breweries on my way to every destination. The parts I have seen of the Midwest offer beautiful nature and outdoor activities and I still have a lot left to explore. Beyond waterfalls, hikes, and craft beer you can also notice the Swedish and even Scandinavian heritage. Everything from villages named after Swedish cities to Airbnb hosts telling you about their Swedish grandfather.

The road trip from Chicago to the Upper Peninsula, Michigan, to Duluth and back to Minneapolis must be my favorite memory so far. Combining hiking, nature and quiet countryside with a vibrant city is my favorite way of

traveling. Both Chicago and the Upper Peninsula exceeded my expectations and since Chicago is only an hour flight away, I will probably go there again. Duluth is also a beautiful city right by Lake Superior and it is a perfect location for exploring all the national parks in northern Minnesota.

To this point, I have only mentioned the sunny side of the story. Moving to the US comes with a lot of administrative and logistic problems to solve. You need housing, a social security card, a bank account, etcetera, etcetera. I am a person who prefers having everything settled so it has been a challenge jumping between apartments not knowing where to go next. About one and a half months in I finally got my permanent apartment in Linden Hills, just by Lake Harriet. A super cozy neighborhood situated between Downtown and my office in Bloomington. It was worth the wait; I really enjoy it here.

**THEA KRAFT**

# More photos from our interns

Photo: Carl Magnus Lagerroth



Photo: Ellen Bergmann







Photo: Samuel Collier Ryder



Photo: Thea Kraft



Photo: Kamelia Gradinarska



Photo: Ellen Bergmann



# Greetings from the Board of Cesip 2024

**C**ESIP is an organisation that is simultaneously both so young, yet with such a great heritage. With its predecessors CETAC and AMCIP having been founded in 1966 and 1963 respectively, CESIP has well over 100 years of combined experience in organizing internships for Chalmers' students. Now, we will continue this tradition.

First of all, we would like to extend our sincere gratitude to those who support CESIP and, consequently, enable the program to be a continued success. We would like to thank the board of CESIP 2023 and, above all, we would like to thank the companies in North America for their hospitality and for making these once-in-a-lifetime experience possible. We are looking forward to another exciting year of working together!

As they now pass on the baton, one of our main goals for the coming year is to increase CESIP's presence on campus. We would find it regretfull if interested students neglected to apply to CESIP, simply because they were oblivious about our organisation and mission. Meanwhile, we will nurture our long lasting relationships with our Swedish, US and Canadian friends, as well as build new bridges.

Lastly, we would like to thank our current members for a great time thus far, and we sincerely look forward to continue working with them the coming year.

## THE BOARD OF CESIP 2024

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**Hannah Carlsson Johansson**  
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Internship Coordinator

**Evelina Svorén**  
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**Malte Ahlskog**  
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